الجامعة السورية الخاصة كلية الطب البشري قسم الجراحة

الأمراض الجراحية الشائعة في الأمعاء الدقيقة و الغليظة Common small and large intestinal surgical diseases

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Topics

- Bowel obstruction.
- Small bowel neoplasms.

الآفات التنشؤية للأمعاء الدقيقة

- Meckele's diverticulum.
- متلازمة الكولون المتهيج IBD.
- Colorectal cancer. أورام الكولون الخبيثة

 Intestinal obstruction exists when blockage prevents the normal flow of intestinal contents through the intestinal tract.

Two types of processes can impede this flow.

میکانیکیهٔ Mechanical.

وظيفية Functional.

Mechanical obstruction:

الإنسداد الميكانيكي

An intraluminal obstruction (الانسداد عبر اللمعة) or a mural obstruction from pressure on the intestinal walls occurs.

Examples are:

• intussusception

• polypoid tumors and neoplasms البوليبات السليمة و الخبيثة

• Stenosis الأمعاء

• Adhesions

• Hernias الفتوق

• abscesses.

Functional obstruction:

The intestinal musculature cannot propel the contents along the bowel.

Examples are:

الداء النشواني Amyloidosis

Muscular dystrophy الاعتلالات العضلية

Endocrine disorders such as diabetes mellitus

الأمراض الغدية و الاستقلابية كالداء السكرى

Neurologic disorders الاعتلالات العصبية

The obstruction can be partial or complete.

Its severity depends on:

The region of bowel affected

The degree to which the lumen is occluded

The degree to which the vascular supply to the bowel wall is disturbed.

Most bowel obstructions occur in the small intestine

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غالبية الإنسدادات تحدث في الأمعاء الدقيقة
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Adhesions الالتصاقات are the most common cause of small bowel obstruction, followed by hernias الفتوق and neoplasms الأورام .

Other causes include intussusception الانغلاف ,

volvulus الانفتال (ie, twisting of the bowel), and paralytic ileus الخذل المعدى المعوى.

About 15% of intestinal obstructions occur in the large bowel; most of these are found in the sigmoid colon

ما يقارب 15% من انسدادات الأمعاء يحدث في الأمعاء الغليظة و غالبيتها في السين الكولوني

انسدادات الأمعاء الدقيقة SMALL-BOWEL OBSTRUCTION

المراضية Epidemiology

The most frequently encountered surgical disorder.

≥75% is due to intra-abdominal adhesions.

تشكل الالتصاقات ضمن جوف البطن و بنسبة تصل لى 75% السبب الجراحي الغالب

Other: should be considered:

التشخيصات الأخرى تشتمل على:

الفتوق Hernias

داء کرون Crohn's disease

عدم دوران الأمعاء Intestinal malrotation

انفتال الجزء المتوسط من الأمعاء Mid-gut volvulus

انسدادات الأمعاء الدقيقة

SMALL-BOWEL OBSTRUCTION

Causes can be divided into three categories:

Extraluminal causes such as adhesions, hernias, carcinomas, and abscesses

أسباب ضاغطة خارج اللمعة المعوية في حالات الالتصاقات و الفتوق و الأورام الخبيثة و الخراجات .

Intrinsic to the bowel wall (e.g., primary tumors)

Intraluminal obstruction (e.g., gallstones, enteroliths, foreign bodies, and bezoars)

إنسداد الأمعاء الدقيقة SMALL-BOWEL OBSTRUCTION

PATHOPHYSIOLOGY:

الفيزيولوجيا الإمراضية

ألية حدوث الانسداد Obstruction onset

Gas and fluid accumulate within the intestinal lumen proximal to the site of obstruction.

يحدث تراكم في السوائل و الغازات ضمن لمعة الأمعاء الدقيقة في الجهة القريبة من منطقة الانسداد .

The bowel distends and intramural pressures rise.

Microvascular perfusion to the intestine is impaired, leading to intestinal ischemia, and, ultimately, necrosis. (strangulating bowel obstruction)

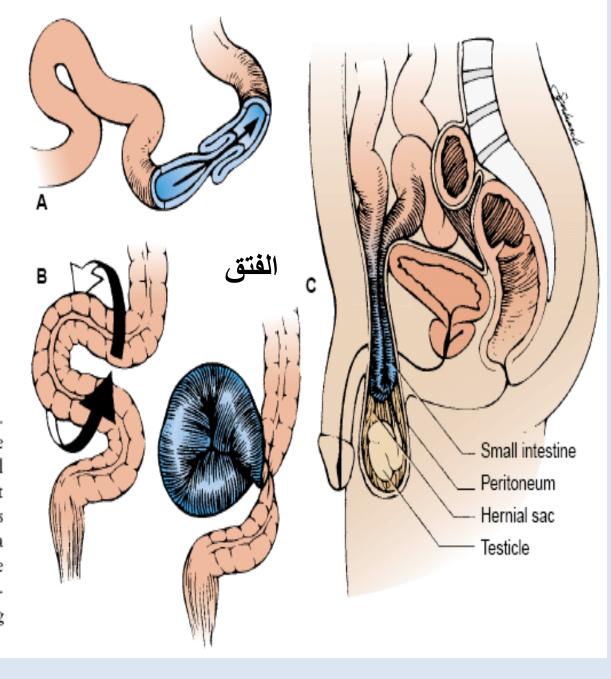
Progression to strangulation occurs quicker with complete bowel obstruction and more rapidly with closed loop obstruction which a segment of intestine is obstructed both proximally and distally (e.g., with volvulus).

الإنغلاف

الإنفتال

FIGURE 38-6 Three causes of intestinal obstruction.

(A) Intussusception invagination or shortening of the colon caused by the movement of one segment of bowel into another. (B) Volvulus of the sigmoid colon; the twist is counterclockwise in most cases. Note the edematous bowel. (C) Hernia (inguinal). The sac of the hernia is a continuation of the peritoneum of the abdomen. The hernial contents are intestine, omentum, or other abdominal contents that pass through the hernial opening into the hernial sac.



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BOWEL OBSTRUCTION

Clinical Presentation

Symptoms: الأعراض

rolicky abdominal pain آلام بطنية ماغصة

Nausea

Vomiting

أقياء لمحتويات المعدة و الأمعاء تختلف طبيعتها حسب مستوى الانسداد

obstipation انقطاع البراز بحسب مستوى الانسداد

Continued passage of flatus and/or stool beyond 6–12 h after onset of symptoms is characteristic of partial rather than complete obstruction.

في حال استمرار التبرز و طرح الغازات فهذا يرجح وجود اسداد تحت التام

BOWEL OBSTRUCTION

العلامات Signs abdominal distention تطيل البطن hyperactive bowel sounds. "borborygmi" أصوات الأمعاء ناشطة Features of strangulated obstruction include **Tachycardia** تسرع النبض ألم بطنى موضع Localized abdominal tenderness ترفع حروري **Fever** ارتفاع في عدد الكريات البيض Marked leukocytosis

Acidosis

الحماض

انسداد الأمعاء الدقيقة

SMALL-BOWEL OBSTRUCTION

Diagnosis

التشخيص

The diagnostic evaluation should focus on the following goals:

Distinguishing mechanical obstruction from ileus

Determining the etiology of the obstruction

Discriminating partial from complete obstruction

Discriminating simple from strangulating obstruction.

Determining the site of obstruction.

انسداد الأمعاء الدقيقة و الغليظة SMALL-BOWEL OBSTRUCTION

Diagnosis

- Careful history taking:
 - prior Hx of abdominal operations \rightarrow ? presence of adhesions.
 - Hx of abdominal disorders (e.g., intraabdominal cancer or inflammatory bowel disease).
- Careful examination:
 - a meticulous search for hernias (particularly in the inguinal and femoral regions) should be conducted.
 - The stool should be checked for gross or occult blood, the presence of which is suggestive of intestinal strangulation.

LARGE BOWEL OBSTRUCTION: Pathophysiology

- As in small bowel obstruction
 - large bowel obstruction results in an accumulation of intestinal contents, fluid, and gas proximal to the obstruction.
 - Obstruction in the large bowel can lead to severe distention and perforation unless some gas and fluid can flow back through the ileal valve.
 - Large bowel obstruction, even if complete, may be undramatic if the blood supply to the colon is not disturbed.

LARGE BOWEL OBSTRUCTION: Pathophysiology

 If the blood supply is cut off → intestinal strangulation and necrosis (ie, tissue death) occur; this condition is life threatening.

 dehydration occurs more slowly than in the small intestine because the colon can absorb its fluid contents and can distend to a size considerably beyond its normal full capacity.

LARGE BOWEL OBSTRUCTION: Clinical Manifestations

- Large bowel obstruction differs clinically from small bowel obstruction in that the symptoms develop and progress relatively slowly.
- In patients with obstruction in the sigmoid colon or the rectum, constipation may be the only symptom for days. loops of large bowel become visibly outlined through the abdominal wall, and the patient has crampy lower abdominal pain.
- Finally, fecal vomiting develops. Symptoms of shock may occur.

SMALL-BOWEL OBSTRUCTION

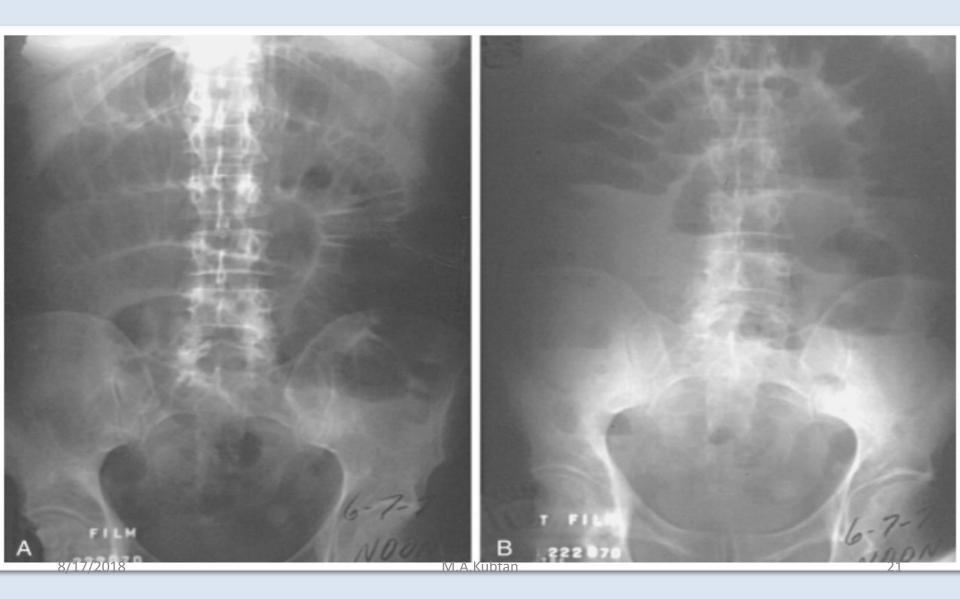
- X-RAY SERIES:
- Obstruction is usually confirmed with radiographic examination.
- Abdominal series consists of :
 - supine Abdominal X-ray
 - upright Abdominal X-ray
 - Upright Chest X-ray
 - The finding most specific for small-bowel obstruction is the triad of
 - dilated small-bowel loops (>3 cm in diameter)
 - air–fluid levels seen on upright films
 - a paucity of air in the colon.
- False negative :
 - Proximal obstruction
 - The bowel lumen is filled with fluid but no gas.

Assessment and Diagnostic Findings

- Diagnosis is based on symptoms and on x-ray studies.
- Abdominal x-ray studies (flat and upright) show a distended colon.
- Barium studies are contraindicated.



Plain x-rays



SMALL-BOWEL OBSTRUCTION

- CT Abdomen:
- Findings include:
 - A discrete transition zone with dilation of bowel proximally, decompression of bowel distally
 - intraluminal contrast that does not pass beyond the transition zone
 - Colon containing little gas or fluid.
 - Strangulation is suggested by:
 - Thickening of the bowel wall
 - Pneumatosis intestinalis (air in the bowel wall)
 - Portal venous gas
 - Mesenteric haziness
 - Poor uptake of intravenous contrast into the wall of the affected bowel.

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SMALL-BOWEL OBSTRUCTION

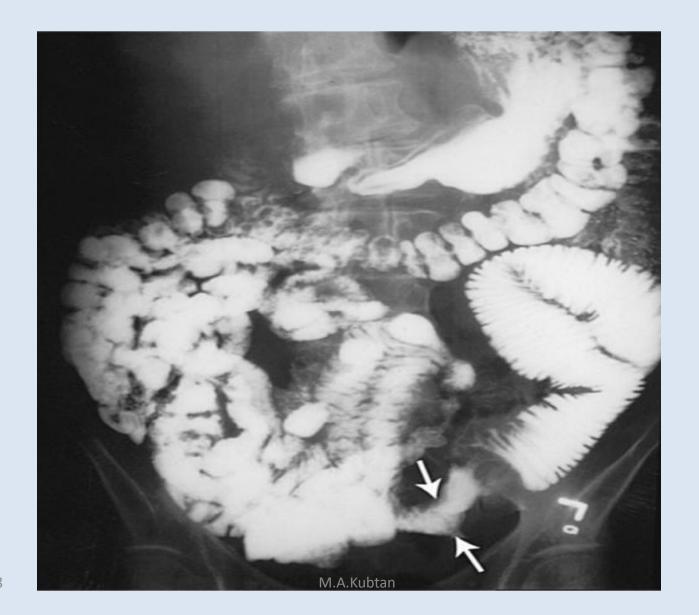




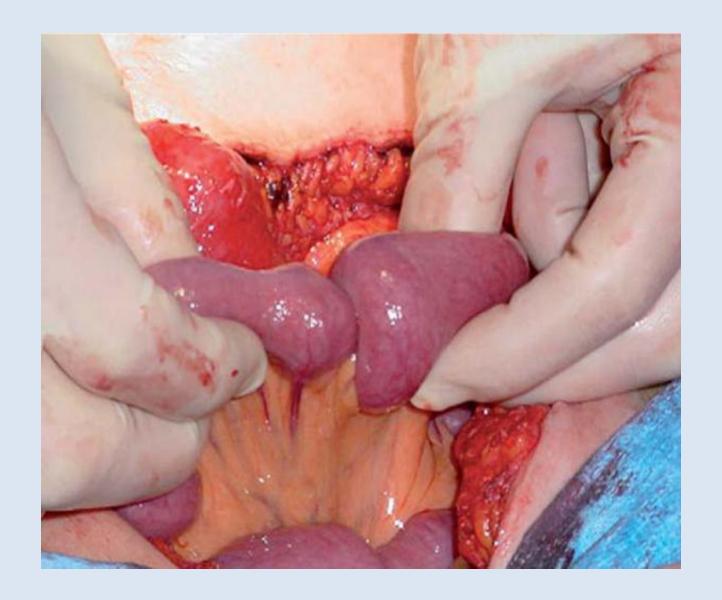
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BOWEL OBSTRUCTION

Therapy

- Fluid resuscitation.
- A nasogastric (NG) tube to evacuate air and fluid from stomach.
- An indwelling bladder catheter to monitor urine output.
- Central venous or pulmonary artery catheter monitoring may be necessary
- Broad-spectrum antibiotics
- The standard therapy for bowel obstruction is expeditious surgery with the exception of specific situations

Colorectal cancer

Outline

- Definitions
- Polyps
- Basics of colorectal cancer
- Surgery
- Staging

Perspective

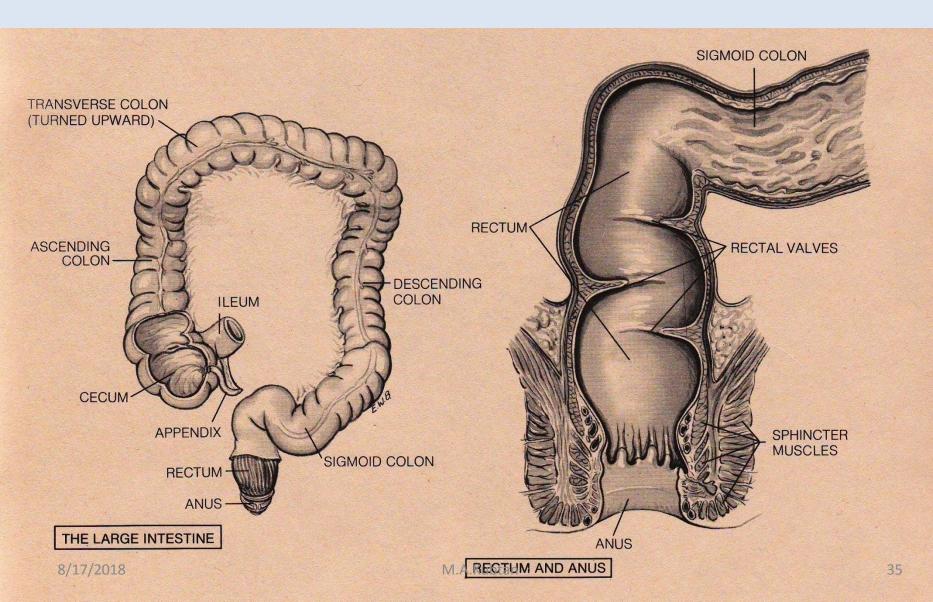


"Whoa Frank ...
guess what youuuuuuuu sat in!"

Definitions

- Colon = large bowel = large intestine
- Rectum terminal portion of the colon
- Polyp benign growth; not invasive
- Adenoma type of polyp
- Cancer malignant growth; invasive
- Stage where the cancer is growing
- Primary the original tumour, where it started
- Metastases where the tumour has spread to

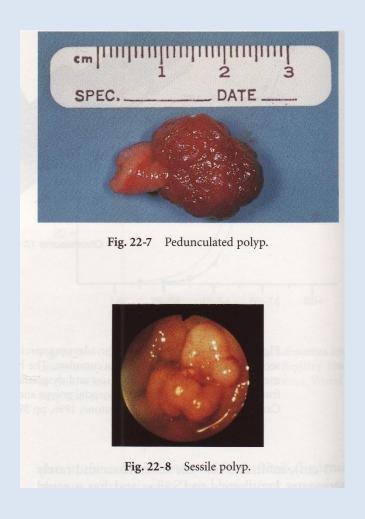
Colon and Rectum



Colorectal Cancer

- Most cancers are acquired some are inherited
- Almost all cancers begin as a benign polyp or adenoma
- Only a tiny percentage of adenomas become cancers

What is a polyp?

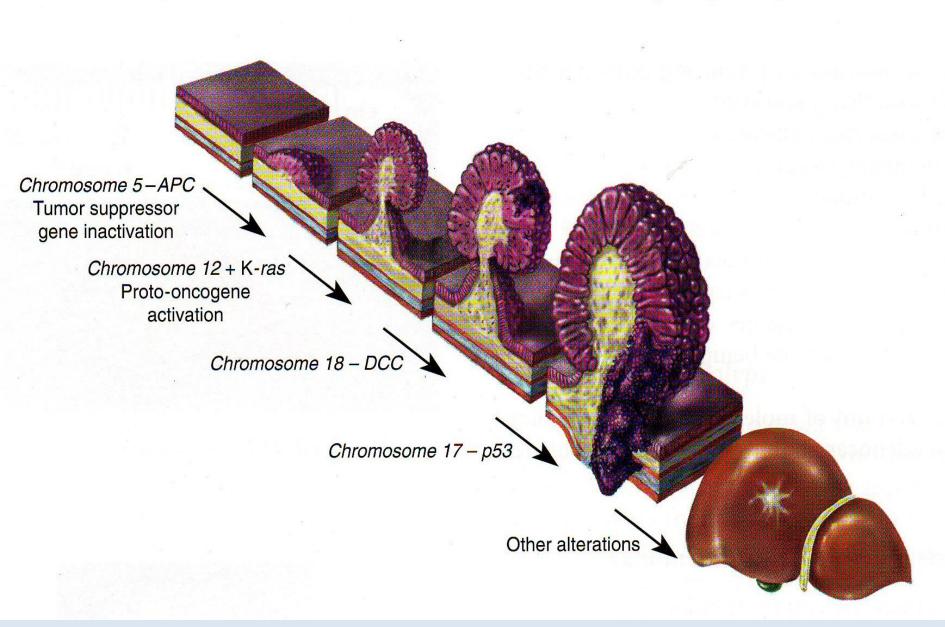


Polyp - Cancer Sequence

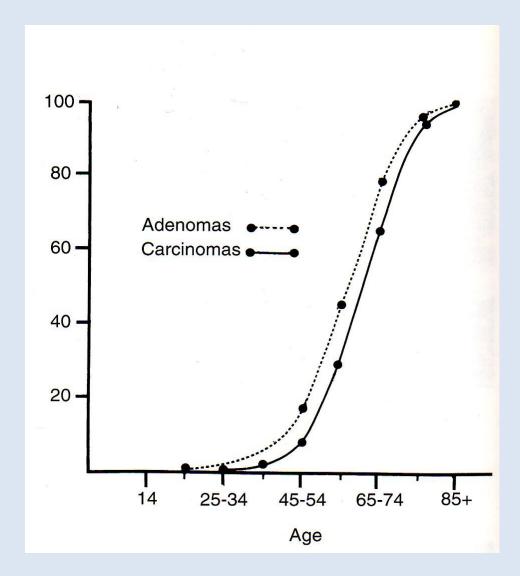
- The process from benign polyp to cancer takes from 7 10 years
- The transformation into cancer is based on
 - the type of polyp
 - Size of polyp

Multiple polyps = greater risk of cancer





The Effect of Age on the Incidence of Colorectal Cancer and Colorectal Polyps



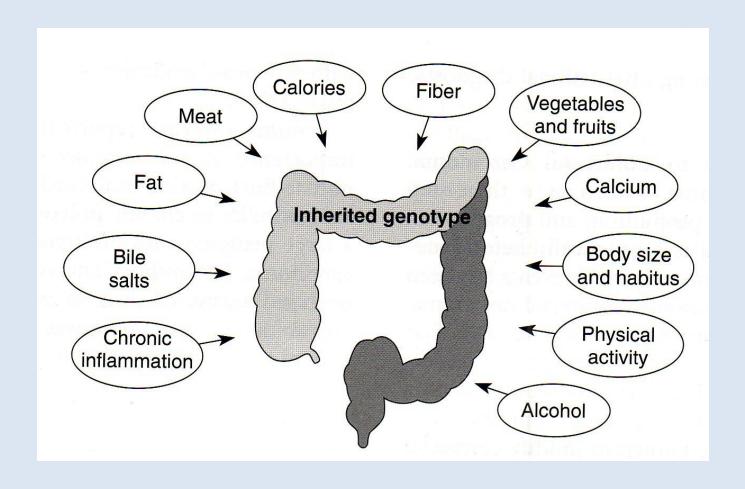
Removing polyps prevents cancer Colonoscopy

Colorectal Carcinoma

Classification

Adenocarcinoma 95%
Carcinoid
Lymphoma
Sarcoma
Squamous cell carcinoma

Etiology of Colorectal Cancer



Risk Factors

- 1. Genetics, Family history
 - Personal history
 - One first degree family member doubles risk
 - Hereditary colorectal cancer syndomes
- 2. Polyps
- 3. Inflammatory bowel disease
- 4. Other
 - Diet, nutrients, smoking, ETOH

Clinical presentation

- 1. Bleeding gross, occult, anemia (37%)
- 2. Change in bowel habit pain, diarrhea, constipation, alternating pattern
- 3. Obstruction more common with left sided lesions most common cause of bowel obstruction in the elderly
- 4. Vague abdominal pains
- 5. Change in caliber of the stools
- 6. Weight loss
- 7. Abdominal mass
- 8. Asymptomatic

Investigations

- General:
 - Complete history and physical (DRE)
- Endoscopic (identify primary, synchronous lesions)
 - Flexible sigmoidoscopy
 - Colonoscopy
- Staging
 - Endorectal ultrasound (rectal cancer)
 - Chest x-ray (metastases)
 - Liver ultrasound (metastases)
 - Abdominal CT scan (metastases)
- Bloodwork
 - CBC electrolytes, CEA (tumour marker)



Surgical therapy

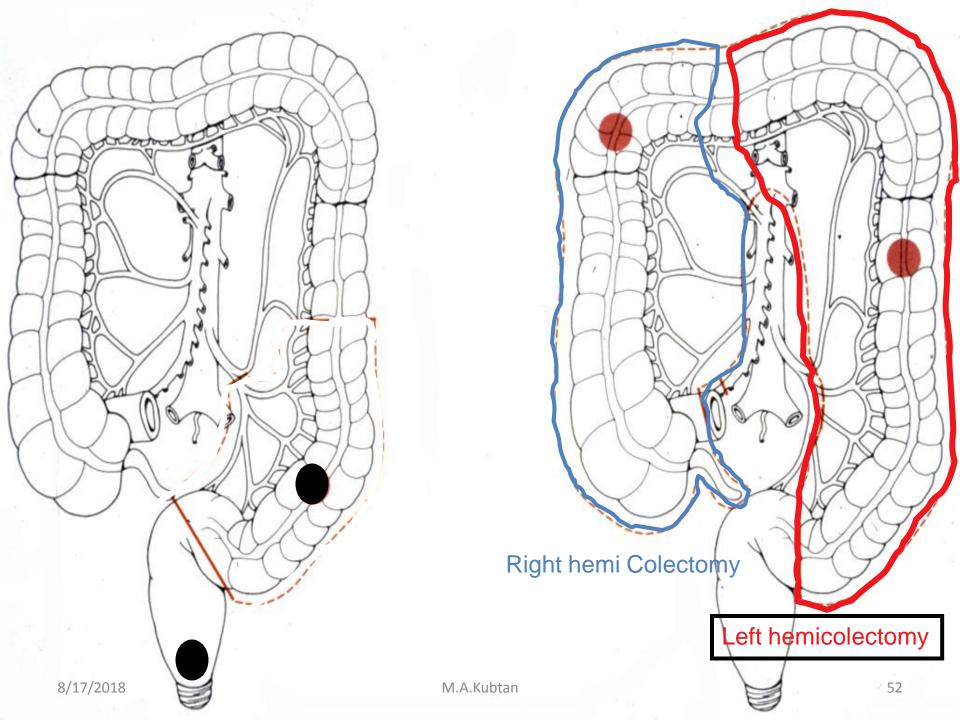
- Surgery is the most important variable in the treatment of colorectal cancer
- Radiation and chemotherapy alone cannot cure any stage of colorectal cancer
- The site of tumour dictates the basic procedure

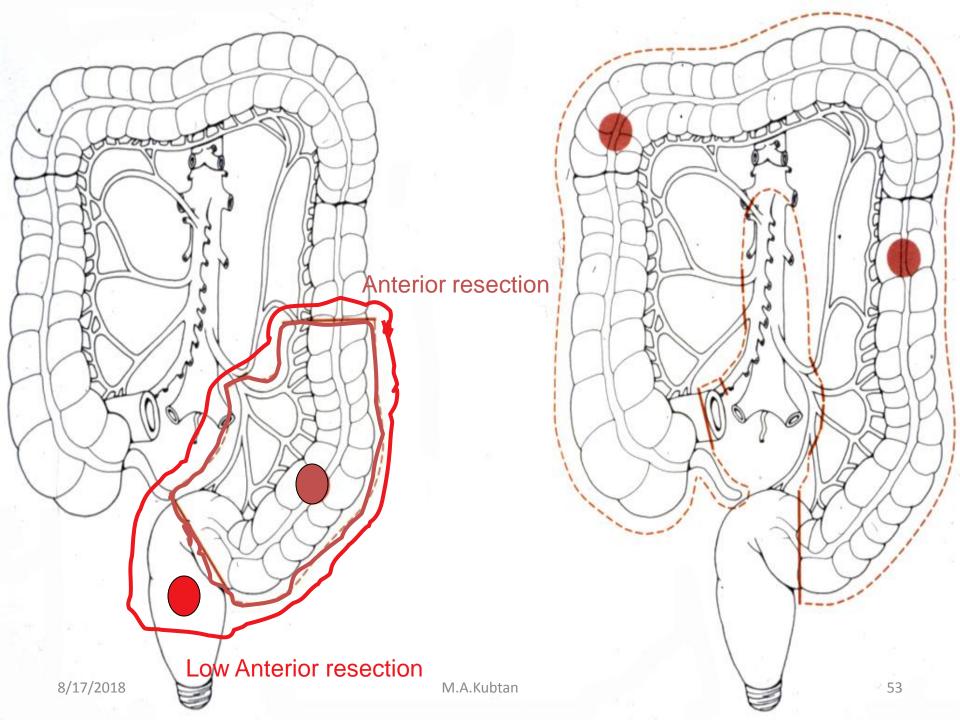
Preoperative preparation

- Evaluation of medical problems
- Mechanical bowel preparation
 - Colyte , Oral fleet
- IV antibiotics
- DVT prevention (blood clots in the legs)
 - Heparin shots
 - Compression stockings
- Foley catheter
- Epidural catheter for pain

Principles of Surgery

- Examine the entire abdomen
- Remove the appropriate segment of the colon with adequate margins
- Remove the corresponding lymph nodes
- Open vs laparoscopic approach





Ostomy

The intestine is brought out through a hole in the abdominal wall

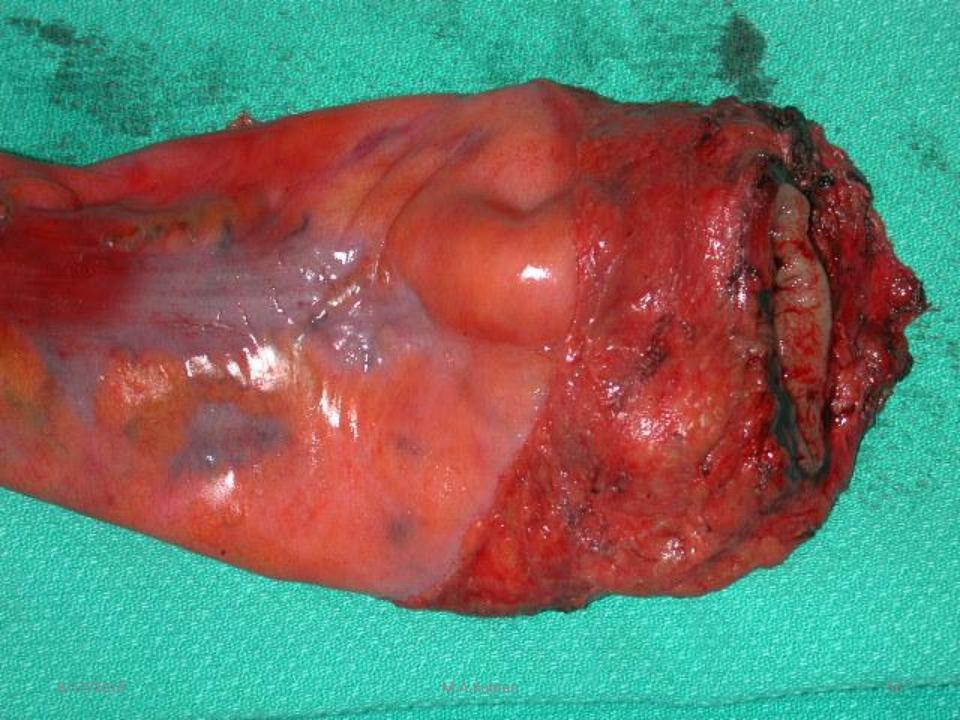
Colostomy (colon on the skin)

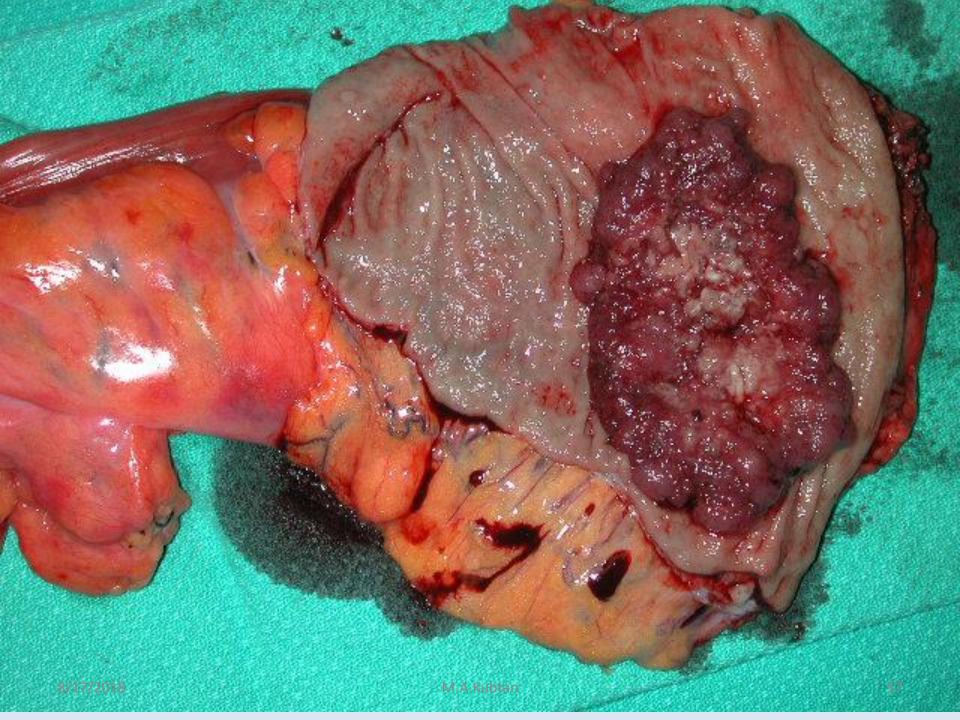
- Permanent when the rectum is removed
- Temporary when it is unsafe to make a join

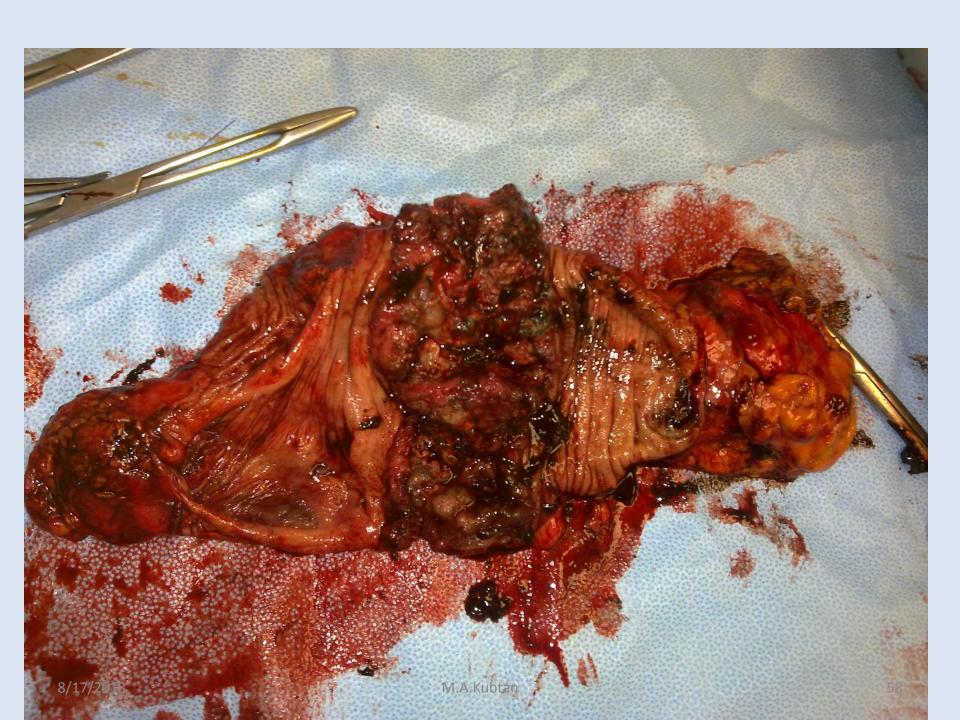
Ileostomy (ileum on the skin)

Temporary when the join needs time to heal









Recovery

- Surgery 2 to 4 hours
- Hospital stay 4 to 10 days
 - IV, urine catheter, compression stockings, intravenous pain killers, blood thinner
 - Discharge when ambulating, eating, bowel function, good pain control

Recovery 4 weeks

Follow up

- Office visit every 3 months for two years then every 6 months for 3 years
- Regular blood work (CEA)
- Colonoscopy at year 1 and 4 and every 5 years
- CT scan yearly

Pathology of Colorectal Cancer

- Macroscopic:
- Microscopic (differentiation):
 - Well
 - Moderately
 - Poorly
- Lymph node involvement

Staging (Where is it Growing?)

1. How far into the wall has it grown? T stage

- Tis invasion of mucosa only
- T1 Invasion of submucosa
- T2 Invasion of muscularis propria
- T3 Full thickness/perirectal fat
- T4 Invasion into adjacent organs

Staging (Where is it Growing?)

- 2. Is it growing in other places? N stage, M stage
- N1 1-3 lymph nodes
- N2 ->4 lymph nodes
- N3 distant lymph nodes
- M1 Distant organ (liver, lung)

TNM Staging

- Stage 0 Tis tumors
- Stage 1 T1 and T2 tumors
- Stage 2 T3 and T4 tumors
- Stage 3 Any lymph node involvement
- Stage 4 Distant metastases

Who Gets Additional Treatment?

COLON

- All stage 3 patients (positive nodes) chemotherapy
- ?High risk stage 2 patients

RECTUM

 All stage 2 and stage 3 patients should get radiation and chemo

Survival and TNM Stage

• STAGE	5-Year Survival
1	90%
2	80%^
3	27-69%*
4	8%

[^]for T3N0 tumors

^{*}depends on # of nodes involved

Summary

- 1. Common Cancer
- Can be prevented through screening and resection of polyps
- 3. Surgery is the primary treatment
- 4. Slow but steady improvement in survival